

ANNEXURE-X

Information of Workshops, Activities performed in last one year

The information must be made available on the
College website

Maharashtra University of Health Sciences, Nashik

Inspection Committee Report for Academic Year 2026-2027

Webinar/Workshop/CME/Activities/ Performed in Last One Year.

All report must be available on web site

Name of the College / Institute: Spandan Nursing college, Kondha-kosra Tah-Pauni Dist-Bhandara

Faculty- Nursing

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on College website)

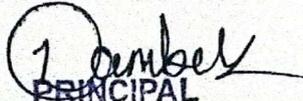
Sr No	Details of Webinar/ Workshop/CME/ Activities/ Perform Supportive document to be uploaded on web site
1	Seminar- World Heart Day 29 /09/2025
2	Guest Lecture-HIV/AIDS day Week – 1 December 2025
3	Seminar-Anti-ragging Week-10 April 2025
4	Seminar-Mental Health Day-10/10/2025
5	Activities-Yoga Day -21/06/2025
6	Activities -Brest Feeding Week - 06/08/2025
7	Activities -Swacha Bharat Abhiyan -02 October 2025
8	Guest Lecture-World Health Day-07/04/2025

Here by I declare all relevant document uploaded are clear and visible on web site & are true as per my knowledge& Belief

Any Other, Please Specify: -

Date:-

Dean/Principal Stamp &Signature


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**Spandan Nursing College, Kondha-Kosra Tah-Pauni Dist-
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SEMINAR

ON

“Ragging: An act of a sick mind”

DATE: 10/04/2025



A seminar on “Ragging: An act of a sick mind” was organized on dated 10/04/2025 at **Spandan Nursing College, Kondha**. The seminar focused on ragging, its effects and also highlighted the measures to be taken against Ragging. The Guest speaker for the seminar was Dr. Nitin Humane. Dr. Nitin Humane gave worthy advice to the students about moral values and attitudes which they need to inculcate in their life. Students and faculty attended the seminar.


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It was a very interactive session and a good number of students raised relevant questions which the speaker addressed with valuable answer. The programme was organized under the guidance of Mr. Uttamkumar khante incharge principal of **Spandan Nursing College, Kondha** and organizing secretary was Ms. Aishwarya D. Sontakkey with his team. Ms. Anupama Chopkar hosted the seminar Ms. Pranali Anktwar proposed the vote of thanks. Overall the programme was conducted successfully.


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SEMINAR
ON
WORLD HEART DAY

DATE: 29/ 09 /2025

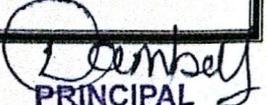
TIME: 01:00 Am

VENUE:IN SEMINAR HALL OF SPANDAN NURSING COLLEG, KONDHA



PARTICIPANTS: STUDENTS AND TEACHER FACULTY

Spandan Nursing Colleg,Kondha. organized “ **WORLD HEART DAY PROGRAM**” for Students and staff. The Program which was held in college campus on 29 September 2025 at 01.00 Pm. The programme was started under the guidance of our Principal sir Mr. Uttam Khante.


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The programme was started at 01:00 Pm and welcome address given by Ms.Smita Dhargave ,(Clinical Instructor of **Spandan Nursing College, Kondha**). Chief guest of this programme was Dr. Nitin Humane, Secretary of Kranti Shikshan Sanstha.

After welcoming of guest traditional lamp lighting was done by chief guest along with Principal Sir and Other Teaching Staff. Mr. Uttam Khante Sir to present the sapling to Dr. Nitin Humane Sir, and Ms. Aishwarya Sontakkey Mam(Assistant Professor of **Spandan Nursing College, Kondha**) to Present The sapling to Mr. Uttam Khante sir(Principal of **Spandan Nursing College, Kondha**).

Dr. Nitin Humane sir, was opening the this year theme of World Heart Day, The theme is “**Don’t miss a beat.**” One in five people will die early from cardiovascular disease (CVD), which claims more lives than cancer and chronic respiratory diseases combined. Yet, up to 80% of heart disease and stroke cases are preventable.

That’s why, every 29 September, we celebrate World Heart Day to raise awareness of CVD and the importance of taking care of your heart. From individuals, families and schools to community groups and governments, we work together to make equitable heart health a priority and drive change across the globe.**2025 marks the 25th anniversary of World Heart Day, and our mission remains as crucial as ever.**

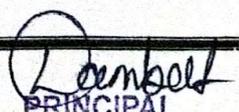
Dr. Nitin Humane sir gave detailed information about Heart disease, and Needs of Heart awareness day.

Seminar topic is on CPR- awareness focuses on educating the public about Cardiopulmonary Resuscitation to improve the chances of survival during a cardiac emergency. CPR importance & process given by Ms. Aishwarya D. Sontakkey Mam(Assistant Professor)& .CPR demonstration is done by Ms. Pranali Ankatwar Mam (Clinical Instructor).

It was such captivating session we have learned .we had gained lots of information from the sir and this session useful for our students and us.

After completion of speech of Chief guest , Mr. Uttam Khante ,Principal of **Spandan Nursing Colleg,Kondha** ,to expressed her gratitude towards our guest lecture and share their knowledge regarding CPR & Heart disease and these year theme.

The session was conclude by Ms. Annupama Chopkar Mam(Clinical Instructor of **Spandan Nursing College, Kondha**) with the vote of thanks.


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GUEST LECTURER/ACTIVITIES

ON

WORLD AIDS DAY

DATE: 01/ 12 /2025

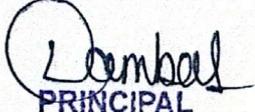
TIME: 11:00 Am

VENUE:IN SEMINAR HALL OF SPANDAN NURSING COLLEG, KONDHA



PARTICIPANTS: STUDENTS AND TEACHER FACULT

Spandan Nursing Colleg, Kondha. organized "WORLD AIDS DAY PROGRAM" for Students and staff. The Program which was held in college campus and also in PHC Kondha on 01 December 2025 at 11.00 Am. The programme was started under the guidance of our Principal sir Mr. Uttam Khante.


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The programme was started at 11 Am and welcome address given by Ms. Pranali Anktwar, Clinical Instructor of **Spandan Nursing Colleg, Kondha**. Chief guest of this programme was Dr. Nitin Humane, Secretary of Kranti Shikshan Sanstha

After welcoming of guest traditional lamp lighting was done by chief guest along with principal Sir and Other Teaching Staff. Mr. Uttam Khante Sir to present the sapling to Dr. Nitin Humane Sir, and Ms. Aishwarya Sontakkey Mam to Present The sapling to Mr. Uttam Khante sir.

Dr. Nitin Humane sir, was opening the this year theme of World AIDS Day, The theme is “**overcoming disruption transforming the AIDS Response** .” is an opportunity to reflect on the progress made to date, to raise awareness about the challenges that remain to achieve the goals of ending AIDS by 2030 and to mobilize all stakeholders to jointly redouble efforts to ensure the success of the HIV response. The theme emphasizes the influence of communities on the HIV response and global health.

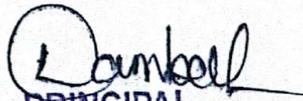
Dr. Nitin Humane sir gave detailed information about HIV disease, and Needs of AIDS awareness day. HIV infection is currently incurable, but one can control it with good quality education about the disease, especially in rural areas. Also sir highlight the point of of preventive tips of HIV disease.

It was such captivating session we have learned .we had gained lots of information from the sir and this session usefull for our students and us.

After completion of speech of Chief guest , Mr. Uttam Khante ,Principal of **Spandan Nursing Colleg, Kondha** ,to expressed her gratitude towards our guest lecture and share their knowledge regarding HIV disease and these year theme.

Student did roll play in PHC Kondha and create awareness among people through their roll play and rally.

The session was conclude by Ms. Pranali Ankatwar mam with the vote of thanks.


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Seminar
on
World Mental Health Day

DATE: 10/ 10/2025

TIME: 11:00 Am

Venue: At Multipurpose Hall of Spandan Nursing College, Kondha



PARTICIPANTS: STUDENTS AND TEACHER FACULTY

Spandan Nursing College ,Kondha. Organized “WORLD MENTAL HEALTH DAY PROGRAM” for Students and staff. The Program which was held in college campus on 10 October 2025 at 11.00 Am. The programme was started under the guidance of our Incharge Principal sir Mr. Uttamkumar Khante.


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The Programme was started at 11 Am and welcome address given by Ms.Smita Dhargawe Clinical Instructor of **Spandan Nursing College ,Kondha** . **Chief guest of this programme was Dr. Nitin Humane Sir Secretary of Krant shikshan sanstha.**

After welcoming of guest traditional lamp lighting was done by chief guest along with principal Sir and Other Teaching Staff. Mr. Uttam Khante to present the sapling to **Dr. Dr. Nitin Humane** and Ms. Aishwarya Sontakkey to Present The sapling to Mr. Uttam Khante

Dr. Nitin Humane, was opening the this year theme of World Mental Health Day, The theme is "**Access to services: Mental Health in Catastrophes and Emergencies**"It is not a just a day of awareness it is a collective step towards a healthier, more understanding world. **Dr. Nitin Humane** sir gave detailed information about world mental health day , its importance and history. The aim of this day is to educate people about the stigma of mental illness and encouraging people around the world to support the cause and establish a healthy environment in all aspect of life to support mental health.

Also sir highlight the point of of preventive tips and effective ways to promote mental health awareness. This year theme is a reminder call to everyone worldwide to create awareness, improve knowledge, drive actios that promote and safeguard everyone's mental health as a universal human right.

It was such captivating session we have learned .we had gained lots of information from the sir and this session usefull for our students and us.

After completion of speech of Chief guest , Mr. Uttam Khante ,Principal of **Spandan Nursing College ,Kondha**, to expressed her gratitude towards our guest lecture and share their knowledge regarding mental health and these year theme.

The session was conclude by Ms.Anupama Chopkar with the vote of thanks.


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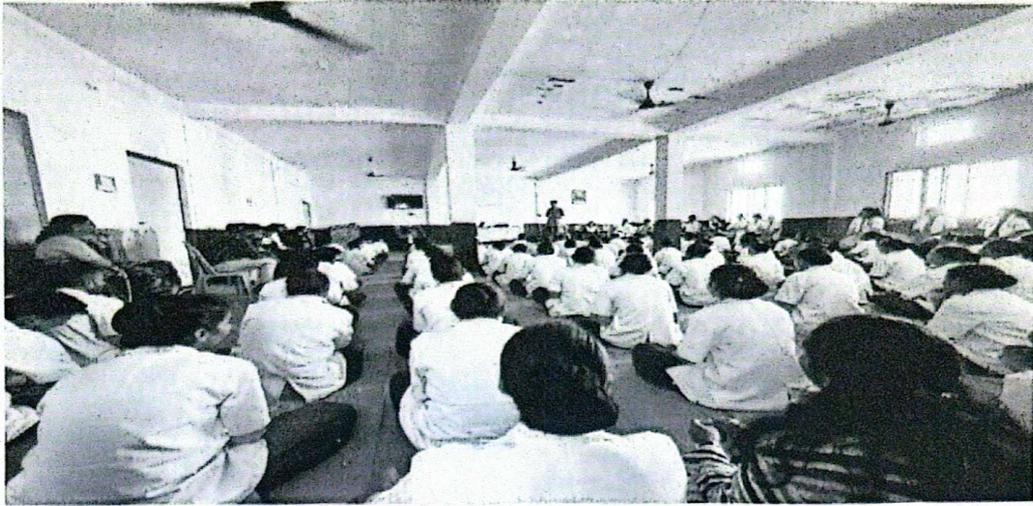
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REPORT

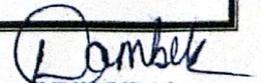
ON

“INTERNATIONAL YOGA DAY”

Date: 21/06/2025



This year we celebrated International yoga day on 21/06/2025 at multipurpose hall, to create the awareness and importance of this day. The programme was started at 10:00 AM by the welcoming of guests followed by lamp lighting, prayer song. The Guests of the honour was Ms.Nanda Giripunje Madam (Yoga Instructor, Art of living) and the team. The session was started with prayer song sung by team member then the session was carried out by overall team members one by one, they instructed about the various types of “yogassan”- Sukhasana, Naukasana, Vakrasana, Kakasana, Bhujangasan, Halasana and many more. In this programme, teaching faculty and the students were performed all these asanas, and enjoyed well. They showed enthusiasm towards this


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programme. Overall session was took by total 4 team member and ended by Guest Speaker Ms.Nanda Giripunje .

Overall the programme was organized well by all dept. Of College.
The programme was ended by vote of thanks.

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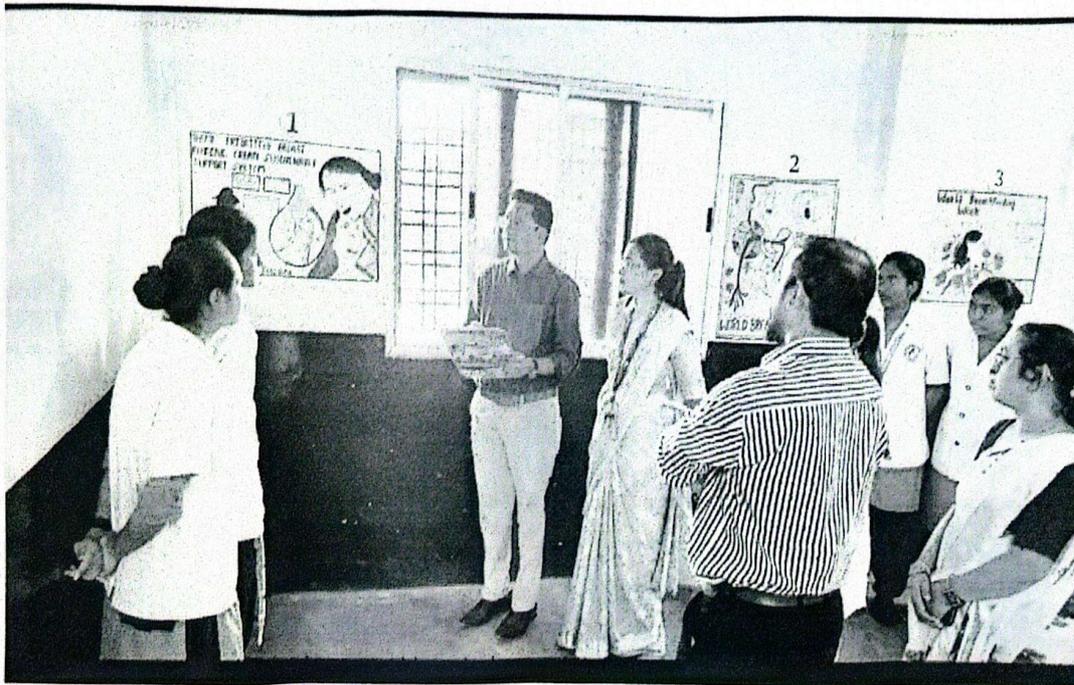
GUEST LECTURER
ON
BREAST FEEDING WEEK

DATE: 06/ 08 /2025

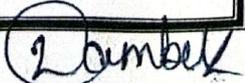
TIME: 01:00 Pm

VENUE:IN SEMINAR HALL OF SPANDAN NURSING COLLEG, KONDHA

PARTICIPANTS: STUDENTS AND TEACHER FACULTY



Spandan Nursing Colleg,Kondha. organized “ Brest Feeding Week ” for Students and staff. The Program which was held in college campus on 06 Agust 2025 at 01.00 Pm. The programme was started under the guidance of our Principal sir Mr. Uttam Khante.


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The programme was started at 01:00 Pm and welcome address given by Ms.Smita Dhargave ,(Clinical Instructor of **Spandan Nursing College, Kondha**). Chief guest of this programme was Dr. Nitin Humane, Secretary of Kranti Shikshan Sanstha.

After welcoming of guest traditional lamp lighting was done by chief guest along with Principal Sir and Other Teaching Staff. Mr. Uttam Khante Sir to present the sapling to Dr. Nitin Humane Sir, and Ms. Aishwarya Sontakkey Mam(Assistant Professor of **Spandan Nursing College, Kondha**) to Present The sapling to Mr. Uttam Khante sir(Principal of **Spandan Nursing College, Kondha**).

Dr. Nitin Humane sir, was opening the this year theme of “**priorities breastfeeding: create sustainable support system .**” World Breastfeeding Week (WBW), celebrated August 1-7, promotes breastfeeding as vital for infant health, with campaigns by WHO, UNICEF, and WABA focusing on supporting mothers through better policies, workplace protections, and community support, highlighting it as a shared responsibility for lifelong health, development, and equity, often under themes like "Invest in breastfeeding, invest in the future" (2025). Reports from healthcare institutions detail organized events like awareness programs, competitions (essays, posters), and educational sessions to tackle barriers, reinforce cultural acceptance, and strengthen support systems, emphasizing that breastfeeding is a crucial, cost-effective investment in public health.

Dr. Nitin Humane sir gave detailed information about breastfeeding Importances , and motivate to promotes breastfeeding as vital for infant health.

It was such captivating session we have learned .we had gained lots of information from the sir and this session useful for our students and us.

After completion of speech of Chief guest , Mr. Uttam Khante ,Principal of **Spandan Nursing Colleg,Kondha** ,to expressed her gratitude towards our guest lecture and share their knowledge regarding brestfeeding and these year theme.

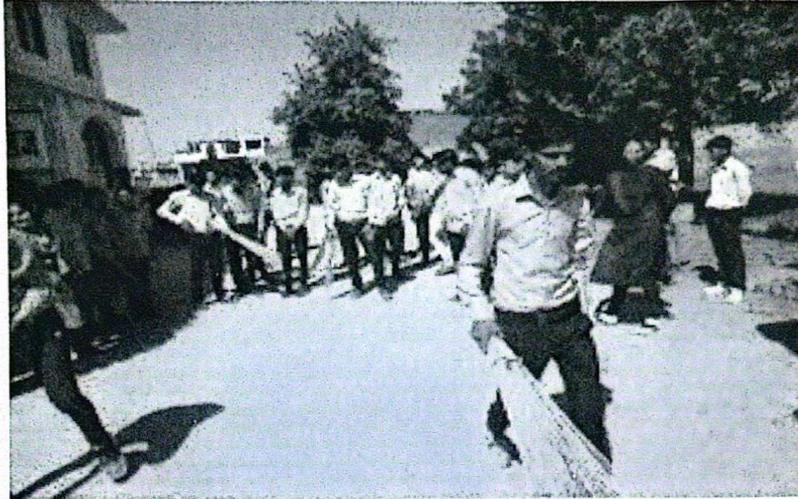
The session was conclude by Ms. Annupama Chopkar Mam(Clinical Instructor of **Spandan Nursing College, Kondha**) with the vote of thanks.


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REPORT ON

SWAACHA BHARAT ABHIYAN



Introduction:

Mahatma Gandhi said "Sanitation is more important than Independence".

He made cleanliness and sanitation an integral part of the Gandhian way of living. His dream was total sanitation for all.

The concept of Swachha Bharat is to pave access for every person to sanitation facilities including toilets, solid and liquid waste disposal systems, village cleanliness and safe and adequate drinking water supply. We have to achieve this by 2024 as a befitting tribute to father of the Nation Mahatma Gandhi on his birth anniversary

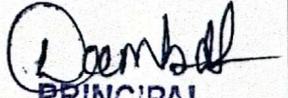
Behalf of that an initiation of new media wing was created in the name of CANVAS by Ministry of Information and Board Costing, Government of India.


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Gandhi Jayanthi Functions:

Behalf of Gandhi Jayanthi our college
has arranged various community health
programmes on 02.10.23 at Spandan Nursing College, Kondha-
AT, Multipurposr Hall. The programme was started with prayer song by the .B.Sc Nursing students.

The programme was headed by our respected Secretary sir Dr.Nitin Humane. Ms. Swati, Semester 1st year B.Sc Nursing student delivered the welcome address. The presidential address was given by our respected Incharg ePrincipal Mr.uttamkumar khante regarding the Values of Guidance, role of nursing students in our society, scope of nurses in future and important of Bharath Swaacha Abhiyan and its needfor our country.


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GUEST LECTURE
ON
WORLD HEALTH DAY

DATE: 07/ 04 /2025

TIME: 11:00 Am

VENUE: IN SEMINAR HALL OF Spandan Nursing College ,Kondha.

PARTICIPANTS: STUDENTS AND TEACHER FACULTY

Spandan Nursing College ,Kondha. organized “ **WORLD HEALTH DAY PROGRAM**” for Students and staff. The Program which was held in college campus on 07 April 2025 at 11.00 Am. The programme was started under the guidance of our Incharge Principal sir **Mr. Uttam Khante.**

The programme was started at 11:00 Am and welcome address given by **Ms. Anupama Chopkar** , Clinical Instructor of **Spandan Nursing College ,Kondha.** Chief guest of this Programme was **Dr. Nitin Humane .**

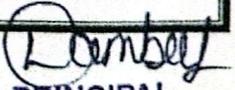
After welcoming of guest traditional lamp lighting was done by chief guest along with principal Sir and Other Teaching Staff. **Mr. Uttam Khante Sir** to present the sapling to **Dr. Nitin Humane Sir**, and **Ms. Aishwarya Sontakkey Mam** to Present The sapling to **Mr. Uttam Khante sir.**

Dr. Nitin Humane sir, was opening the this year theme of World Health Day, The theme is “ **Healthy Beginnings, hopeful futures.**” On 7 April 2025 the World Health organization will observe its 77 birthday. WHO’s 77 anniversary year is an opportunity to look back at public health successes that have improved quality of life during the last seven decades.

Dr. Nitin Humane sir gave detailed information about how to stay healthy health through the adapt healthy life style like Nutritious food add in menu, Yoga, meditation for physical and mental health.

According to WHO Health is a state of complete physical, Mental and social wellbeing and not merely an absence of disease or infirmity.

Also sir highlight the point of of preventive tips and effective ways to promote Physical, Mental, Emotional , Social and spiritual health. This year theme is a reminder call to everyone worldwide to create awareness about health as a universal human right.


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It was such a captivating session we have learned. We had gained lots of information from the sir and this session was useful for our students and us.

After completion of speech of Chief guest, Mr. Uttam Khante, Principal of **Spandan Nursing College, Kondha**, expressed her gratitude towards our guest lecture and shared their knowledge regarding health and this year's theme.

The session was concluded by Ms. Smita Dhargave with the vote of thanks.


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